

**KANNUR UNIVERSITY**  
All India Inter University Body Building championship 2010-11

**RESULTS**

Category	Place	Name	University
60 Kg	1	Meeraj K	Kannur Uty.
	2	Arun Kumar H.R	Kuvumpu Uty.
	3	Bhupinder singh	GNDU Amritsar
65 Kg	1	Anil	Mangalore Uty.
	2	N. Murali	Madras Uty.
	3	Binoy KJ	MG Uty. Kottayam
70 Kg	1	Sanal Padmanabhan	Mangalore
	2	Suhas N	Bangalore Uty.
	3	Ashish	Ch. Charan Singh Uty.
75 Kg	1	Sumit Singh Rawat	SRTM Nanded
	2	Sumeet Kaushik	MDU Rohthak
	3	CH. Kapeesh Varalu	Osmania Uty.
80 Kg	1	Sagar Jadhav	Pune Uty.
	2	Patil Sachin Yuvaraj	North Maharashtra uty.
	3	Sachu Salim	MG Uty. Kottayam
85 Kg	1	Akshay Gaikwad	Pune Uty.
	2	Abdul jaleel P	Uty. Of Calicut
	3	Harshal Shelar	Pune Uty.
90 Kg	1	K. Ashish	Andhra Uty.
	2	Muhammed Ashraf	CSJM Kanpur
	3	Balwinder singh	GNDU
+90 Kg	1	Vikram	MDU Rohthak
	2	Rinto P. Johnson	Uty. Of Calicut
	3	Rahul Panicker	Pune Uty.

**TEAM CHAMPIONSHIP**

First	:	PUNE UNIVERSITY	12 POINTS
Second	:	MANGALORE	10 POINTS
Third	:	MDU ROHTHAK	8 POINTS

Mr. INDIAN UNIVERSITY : **ANIL**

Mangalore University

KANNUR UNIVERSITY  
ALL INDIA INTER UNIVERSITY POWER LIFTING CHAMPIONSHIP 2010-11  
15<sup>th</sup> TO 17<sup>th</sup> NOVEMBER 2010 (MEN)

Category: 56 Kg Men

Date: 15-11-2010

No	Name	University	B. weight	Squat	B. Press	D. Lift	Total	Pts
1	Bhagehsh A.B	Uty. Of Calicut	55.900	225	127.5	235	587.5	12
2	Sinesh LV	Kannur Uty.	56.00	225	120	212.5	557.5	9
3	Neela Mufugan	Anna Uty. Chenna	56.00	225	115	217.5	557.5	8
4	V. Malleswar rao	Ach. Nagarjuna	54.500	185	110	222.5	517.5	7
5	Sanal sadanandan	Uty. Of Calicut	56	202.5	107.5	202.5	512.5	6
6	Kunal savardekar	Uty. Of Mumbai	55.450	205	90	202.5	497.5	5
7	M. Gnana shanmugham	Anna Uty. Coimbr	55	205	105	180	490	4
8	Muhd. Thahir	Kumaur Uty.	56	195	100	195	490	3
9	M. Jeevan	Bharadidasan Uty.	55	180	75	200	455	2
10	Anurag NC	Kannur Uty.	56	170	85	200	455	1
11	Raj Mon R	Kerala Uty.	54.5	160	85	175	420	1
12	Ashok Kumar B	Bharadidasan	55.400	165	75	175	415	1
13	Vikas	MDU Rohthak	56	160	80	165	405	1
14	Pradik Namdev	Barkathulla Uty.	53	150	80	140	370	1
15	P. sathisj Kumr	Andhra Uty.	56	140	75	155	370	1
16	Pawar Samir	Veer narmada	54.600	145	80	140	365	1
17	Vijay Rathod	Osmania Uty	54	140	70	140	350	1
18	Arun M	VTU Belgaum	56	112.5	52.5	160	325	1
19	Arjun KC	MG Uty. Kootayam	55.400	10	70	140	320	1
20	Ajhar Patel	Dr. Baba aurangabd	51.800	90	80	110	280	1
21	Manoj Kumar	Bundelkhand uty	54.900	80	55	130	265	1
22	Kamble Nithin	SRTM nanded	53.400	Elim	Inated	----	---	--
23	Pankaj Ajeer	SGB amaravathi	53.8	Elim	Inated	----	---	--
24	K. Shankar	Dr. NTR Uty.	53.200	Elim	Inated	----	---	--
25	U. Kalaimani	Annamalai Uty.	49.900	Elim	Inated	----	---	--
26	A. Manikandan	Annamalai	56.	Elim	Inated	----	---	--
27	Rakesh Kumar	MJP Rohilkahnd	52.400	Elim	Inated	----	---	--
28	Priyadarshan sisodiya	LNUPE Gwalior	55.600	Elim	Inated	----	---	--
29	Vasudev Sarawat	MGS Bikaneer	56	Elim	Inated	----	---	--

Category: 60 Kg Men

Date: 15-11-2010

No	Name	University	B. weight	Squat	B. Press	D. Lift	Total	Pts
1	Pramod VV	Uty. Of Calicut	60	232.5	117.5	210	560	12
2	R. kamalakkannan	Uty of madras	59.800	225	122.5	200	547.5	9
3	Sunny Yadav	Kurukshethra	59.500	210	117.5	212.5	540	8
4	Mukesh Kumar	MDU Rohthak	59.500	195	110	225	530	7
5	Muhammed Hasan	Kuamu Uty.	60	195	125	200	520	6
6	Harish K	Mangalore Uty,	59.700	190	100	202.5	492.5	5
7	Cijo AC	Uty. Of Calicut	59.70	195	105	190	490	4
8	Binto T kalian	Kannur Uty.	60	195	100	192.5	487.5	3
9	T. Dharmarajan	Bharathiar Uty.	60	190	112.5	182.5	485	2
10	Monu	Kurukshethra	59.80	180	80	200	460	1
11	S. Rajaguru	Annamalai	59	150	75	170	395	1
12	Vinay Kumar	VBS Purvanchal	58	110	60	160	330	1
13	Belaskar Amit Arun	North Maharashtra	59.500	105	82.5	140	327.5	1
14	Rayees Rasul Gani	Jivaji Uty. Gwalior	60	100	72.5	130	302.5	1
15	Dinesh Kushwah E	Bundelkhand Uty.	59.400	100	45	130	275	1
16	SK Yakooob	Kakathiya Uty	56.100	90	55	120	265	1
17	D. Nagarjuna	Dr. NTR Uty.	60	65	40	90	195	1
18	K. Rajesh Kumar	Dr. NTR Uty.	58.70	Elim	Inated	---	---	--
19	Mahesh kumar M	Amrith Vishwa	59.300	Elim	Inated	---	---	--
20	Mithilesh Kumar	Bhagalpur Uty	59.400	Elim	Inated	---	---	--
21	Shaik Jafar	Swami Ramanand	58.800	Elim	Inated	---	---	--
22	Ravi Peeru pawar	VTU Belgaum	58.900	Elim	Inated	---	---	--
23	Deepak Bodke	Sant Gadge Baba	58.500	Elim	Inated	---	---	--
24	Shekhar Sharma	Mohanlal sukathia	59.00	Elim	Inated	---	---	--
25	Sunil Kumar Prajapathi	MG. Kashi Varanasi	59.00	Elim	Inated	---	---	--
26	Balwant Ram	MGS Uty.	58.00	Elim	Inated	---	---	--
27	Mahajan Bhushan Dam	North Maharashtra	59.00	Elim	Inated	---	---	--
28	AMS Ganesh	Andhra Uty.	60.00	Elim	Inated	---	---	--
29	S. Ravi Kumar	Acharya nagarjuna	59.500	Elim	Inated	---	---	--

Category: 67.5 Kg Men

Date: 15-11-2010

No	Name	University	B. weight	Squat	B. Press	D. Lift	Total	Pts
1	Prashanth MG	Uty. Of Kerala	67.400	260	130	235	625	12

2	Rohith KJ	Uty. Of calaicut	66.800	257.5	110	230	597.5	9
3	B. Mohan Raj	Bharathiar Uty.	67.	240	125	230	595	8
4	Amar Singh Bisth	Kumaun	66.400	250	135	205	590	7
5	Sanas Kiran	Uty. Of Mumbai	67.500	232.5	135	220	587.5	6
6	Rahul MR	Uty. Of Calicut	67.200	205	110	247.5	562.5	5
7	Rajesh	Osmania Uty.	66.700	200	112.5	240	552.5	4
8	Sombhadur	GNDU	65.900	200	125	210	535	3
9	Deepak Kumar	Kurukshethra	66	200	115	220	535	2
10	Vishnu K Vijayan	MG Kottayam	67.500	190	105	210	505	1
11	Chavan Nikhil R	Uty. Of Pune	61.500	170	125	200	495	1
12	Sikligar Divyesh	Veer Narmad South	66.400	170	110	190	470	1
13	Bhatt Manan P	Veer Narmada south	62.900	155	112.5	170	437.5	1
14	Govind Prajapath	Mohanlal Sukathiya	66.200	150	105	180	435	1
15	Mahajan Nithin digam	North maharashtra	66.300	160	87.5	170	417.5	1
16	Dhamankar Thanaji	Uty. Of Pune	64.600	180	85	150	415	1
17	Sukhvinder singh	Sant Gadge Baba	67	160	75	180	415	1
18	Rakesh Kumar singh	TM Bhagampur Uty.	67.500	135	100	155	390	1
19	Muhammed Akram	Osmania	63.300	127.5	90	170	387.5	1
20	Salve Kalvesh Ashok	North Maharashtra	66.300	135	85	165	385	1
21	P. sunil Kumar	Andhra Uty.	65	140	70	170	380	1
22	S. Selva Kumar	Pondichery	67.200	150	65	150	365	1
23	Muhammed Idris m Fa	Dr. ambedkar Uty.	62.600	100	90	157.5	347.5	1
24	N. Nageshwara Rao	Andhra Uty.	61	130	47.5	140	317.5	1
25	Vikas Sharma	Jiwaji Gwalior	64	95	85	135	315	1
26	KVB Saikumar	Dr. NTR Uty.	67.5	70	70	130	270	1
	Wakode Abhijeet	Swami Ramanand teer	62.500	Elimi	nated	----	----	---
	George Kutty Sebastian	MG Uty. Kottayam	66	Elimi	nated	----	----	---
	Ram Kumar	Bharathidasan	66.700	Elimi	nated	----	----	---
	Vizobilie punyu	LNUPE	Elimi	nated	----	----	---	

Category: 75 Kg Men

Date: 16-11-2010

No	Name	University	B. weight	Squat	B. Press	D. Lift	Total	Pts
1	S. Pradeesh	Bharathiar Uty.	74.50	255	157.5	282.5	695	12
2	Bijeesh C	Kannur Uty.	74.70	285	147.5	262.5	695	9
3	R. shanmugham	Periyar Uty.	73.80	250	140	270	660	8
4	A. Yugander	Ach. Nagarjuna	72	262.5	130	250	642.5	7
5	Ompal	Kurukshethra	74.600	235	165	242.5	642.5	6
6	Vijay singh	Kurukshethra	73.700	242.5	132.5	265	640	5
7	Ravi Pal	LNUPE Gwalior	74.600	237.5	147.5	255	640	4
8	Randeri Nigeesh	Veer Narmada	74.500	250	150	220	620	3
9	Anish Jose	MG Kottayam	74.800	230	130	250	610	2
10	D. Purushothaman	Bharathidasan	72.500	230	132.5	240	602.5	1
11	S. Magesh	Uty. Of Madras	74.400	220	120	225	565	1
12	M. Ramana Bau	Osmania	73.600	210	107.5	215	532.5	1
13	J. Jayakumar	SRM	72.800	200	100	210	510	1
14	Naresh Varma	Barkathulla	73.250	185	100	200	485	1
15	Abin Thomas V	LNUPE	75	175	92.5	210	477.5	1
16	Amith Biswas	Uty. Culcutta	72.100	190	90	185	465	1
17	Vishal C	MJP Rohilkhand	69.800	155	100	200	455	1
18	Suresh Kumar	MG Kashi vidyapaeet	73.700	177.5	112.5	160	450	1
19	Rakesh Chauhan	Jiwaji Gwalior	75	160	110	180	450	1
20	Suraj shetty	VTU Belgaum	74.350	150	100	170	420	1
21	M. Bharath	Amrith Viswa vidya	73.400	150	77.5	190	417.5	1
22	N. Muralikrishna	KLEF Uty.	70.200	145	72.5	187.5	405	1
23	Santhosh Kumar	Amrith Viswa Vidya	70.500	120	80	180	380	1
24	Murali Krishnan	Andhra Uty.	73.800	130	95	150	375	1
25	P. Suresh Kumar	Pondhichery	73.700	120	77.5	160	357.5	1
26	Arijit Naskar	Uty. Of culcutta	70.300	105	82.5	160	347.5	1
27	Kush Kumar	Bhagalpur Uty.	71.550	90	90	150	330	1
28	Devendra Kumar	Bundelkhand Uty.	72.900	110	70	100	280	1
29	Akash kashyap	MJP rohilkhand	74.600	90	50	140	280	1
30	O. Phanidra reddy	Dr. NTR Uty.	74.500	70	70	120	260	1
31	Nishanth Ranaut	CSKH PKV	74.900	90	40	100	230	1
32	L. John Richards	Dr. NTR Uty.	72.300	60	40	100	200	1
	Rasker Yokesh RR	Dr. ambedkar Uty.	75	Elimi	Nated	----	----	--
	Rakesh Kumar	VBS Purvanchal	73	Elimi	Nated	----	----	--
	Jaspreeth sisngh	GNDU	73.400	Elimi	Nated	----	----	--

Category: 82.5 Kg Men

Date: 16-11-2010

No	Name	University	B. weight	Squat	B. Press	D. Lift	Total	Pts
1	Gurvinder singh	Kurukshethra	82.10	295	192.5	265	752.5	12
2	Madhu	Mangalaore Uty.	80.300	302.5	160	250	712.5	9

3	Nithin Kumar	Kannur Uty.	78.500	295	122.5	282.5	700	8
4	R. suresh kumar	Bharathidasan Uty.	82.400	280	167.5	245	692.5	7
5	Ateeq Rahman	MDu Rohthak	81.600	275	177.5	235	687.5	6
6	Robin George	MG Uty. Kottayam	78.50	262.5	150	250	662.5	5
7	Rajiv PS	Uty. Of Kerala	82.5	266	170	210	640	4
8	R. Prasad	Osmania	78.300	230	135	220	585	3
9	Atul Sharma	Panjabi Patiala	78.400	190	137.5	195	522.5	2
10	Samir maity	Uty. Of Culcutta	75.600	190	110	197.5	487.5	1
11	Nitin dixit	Barkathulla Uty.	76.350	162.5	95	207.5	460	1
12	Aashish Ohja	MGS Uty. Bikaneer	79.700	180	105	180	465	1
13	Muhammed Basheer	LNUPE Gwalior	79.200	180	92.5	190	462.5	1
14	Rajan Kumar yadav	MG Kashi vidyaPeed	75.300	140	77.5	167.5	385	1
15	Anil Yadav	LNUPE Gwlior	77.00	120	90	175	380	1
16	CH Nagaraju	Kakathiya Uty.	75.400	130	55	165	350	1
17	Kathirvel	Amrith Viswa Vidyap	75.200	110	75	160	345	1
18	K. Parasad	Andhra Uty.	76.800	110	80	150	340	1
19	P. Vijayarama Rao	KLEF Uty.	75.600	102.5	72.5	150	325	1
20	V. Jaidev	Dr. NTR Uty.	76.700	100	90	120	310	1
21	K.Ramesh	Dr. NTR Uty.	80.200	90	75	140	305	1
	Metkar chAndrakantth	SRTM Uty.	79.200	Elimi	Nated	---	---	---
	Abhishek Kumar	Bunelkhand Uty.	74.700	Elimi	Nated	---	---	---
	Waman Misal	Sant Gadge baba	78.900	Elimi	Nated	---	---	---
	Pankaj Singh	Ch. Charan singh	76.600	Elimi	Nated	---	---	---
	Prem Danki	Mohanlal sukathiya	79.200	Elimi	Nated	---	---	---
	Kishan Lal	GNDU	82.00	Elimi	Nated	---	---	---
	D. Hariprasad	Andhra Uty.	82.300	Elimi	Nated	---	---	---

Category: 90 Kg Men

Date: 16-11-2010

No	Name	University	B. weight	Squat	B. Press	D. Lift	Total	Pts
1	A. Jayaraj	Uty. Of Madras	89.300	302.5	175	257.5	735	12
2	Raghavendra Gaud	Osmania Uty.	90	295	160	260	715	9
3	Krishnakumar c	Uty. Of Calicut	82.900	272.5	132.5	292.5	697.5	8
4	Hareesh Chander	Panjab Uty.	83	270	150	265	685	7
5	Sooraj	Kannur Uty.	88.100	255	160	260	675	6
6	Kavaljith singh	Panjabi Patiala	89.100	280	150	240	670	5
7	Deepak Kumar	GNDU	90	250	170	250	670	4
8	Ashik Kumar	Kurukshethra	89.700	260	160	245	665	3
9	S. Sreenivasan	Periyar Uty.	85.600	230	110	200	540	2
10	A. Udaya Chandar	Pondichery Uty.	87	200	95	210	505	1
11	Lalith Sharma	Sant Gadbe Baba	82.600	160	142.5	190	492.5	1
12	Brijesh KR singh	Benarus Uty.	85.400	205	85	195	485	1
13	Sreejith KS	MG Uty. Kottayam	83	160	95	200	455	1
14	Virendra Kumar	VBS Purvanchal	84.500	160	90	170	420	1
15	G. Prashanth Kumar	Andhra uty	83.800	150	90	160	400	1
16	Tirlok Chand Manware	Barkathullah	88.700	135	95	140	370	1
17	Amith Kumar Sharma	Bhagalpur Uty.	90	100	115	150	365	1
18	Sanjay Kumar singh	MG Kashi	90	110	85	150	345	1
19	Brijesh Bharadwaj	CSK Himachal	82.900	90	50	100	240	1
	Reddy Balraj	SR. teerth Uty.	82.600	Elimi	Nated--	--	--	--
	R. Bharath	Thiruvalluvar	87.400	230	97.5	--	--	--
	Nandeibam Gyaneshwar	Manipur	87.500	Elimi	Nated--	--	--	--
	Bhagwath singh	MS. Uty. Udaipur	82.600	Elimi	Nated--	--	--	--
	Sumith Palival	Devi Ahilaya Uty.	84.500	Elimi	Nated--	--	--	--
	Mohith Tabthiya	Ch.Charan singh	86.400	Elimi	Nated--	--	--	--

Category: 100 Kg Men

Date: 16-11-2010

No	Name	University	B. weight	Squat	B. Press	D. Lift	Total	Pts
1	Jujhar singh	Panjabi Uty.	98.800	290	180	267.5	737.5	12
2	S. siva	Bharathiar	98.200	290	180	265	735	9
3	Vikas	MDU Rohthak	98.900	280	190	260	730	8
4	Devendar	Kurukshethra	92.200	265	190	255	710	7
5	Yogesh Sharma	Panjabi Patiala	94.800	262.5	155	270	687.5	6
6	Jagdeep singh	GNDU	97.200	265	177.5	240	682.5	5
7	Sachin tyagi	Uty. Of Delhi	93.600	255	155	260	670	4
8	Rakesh US	Uty. Of Calicut	100	230	107.5	235	572.5	3
9	Vikas Sharma	Kurukshethra	91.300	200	95	200	495	2
10	Ankit Tyagi	Ch. Charan singh	93.100	170	80	180	430	1
11	Mujahid Khan	Sant Gadge Baba	91.200	137.5	95	170	402.5	1
12	Monu rai	VBS Purvanchal	90.100	110	100	160	370	1
13	Rajesh Kushwa	Barkathulla	90.100	85	87.5	150	322.5	1

14	Arun KV	MG. Kottayam	92.600	130	60	130	320	1
15	Gosavi ajit	SRTm Nanded	95.300	100	80	130	310	1
16	Sandeep singh	SCK Himachal	92.900	90	80	120	290	1
17	Anil Kumar	MDU rothak	93.500	Elimin	Ated --	---	---	--
	Kailash Chandran	MGS Bikaneer	98.400	Elimin	Ated --	---	---	--
	Daljith Singh	Osmania	92.100	Elimin	Ated--	---	--	--
	Dinesh Babu	Kakthiya	90.600	210	130	--	--	--
	Srihari M	Kannur Uty.	90.200	270	150	--	--	--

Category: 110 Kg Men

Date: 17-11-2010

No	Name	University	B. weight	Squat	B. Press	D. Lift	Total	Pts
1	Arshadeep singh	Panjabi Patiala	108.00	305	170	290	765	12
2	H. gasnesh	Kakathiya	102.400	302.5	140	270	712.5	9
3	Sivnarayana	MGS Bikaneer	107.500	285	167.5	255	707.5	8
4	Rajesh Kumar	Panjabi Patiala	102.700	280	182.50	240	702.5	7
5	Nithin A C	Kannur Uty.	100.100	260	160	267.5	687.5	6
6	Saresh SK	Uty. Of Calicut	100.100	285	137.5	262.5	685	5
7	A. Pandinathan	Anna Uty.	100.100	255	152.5	210	617.5	4
8	Jadav Ruthuraj DS	Shivaji Uty.	100.100	255	135	220	610	3
9	Vikram Uty.	Uty. Of Delhi	101.00	220	170	220	610	2
10	Harijith singh	GNDU	107.100	250	120	230	600	1
11	M.B. Divakar	Uty. Of Madras	101.600	207.5	117.5	245	570	1
12	Shriram Dashrath R	RTM Uty.	104.400	200	125	205	530	1
13	A. Sunny	Andhra Uty.	102.00	150	90	165	405	1
14	P. Durgaprasad	Dr. NTR Uty.	105.500	120	85	140	345	1
15	M. Suren Sharma	Anna Uty.	100.400	110	60	170	340	1
16	Amol Satpute	Sant Gadge Baba	101.800	130	80	120	330	1
17	Ajay singh	MDU Rohthak	106.00	115	60	150	325	1

Category: 125 Kg Men

Date: 17-11-2010

No	Name	University	B. weight	Squat	B. Press	D. Lift	Total	Pts
1	Melvin vincent	Uty. Of Calicut	110.700	287.5	140	295	722.5	12
2	D. venkatesh	Anna Uty. Trichy	117.300	300	170	252.5	722.5	9
3	Gurpreeth singh	GNDU	124.400	285	180	240	705	8
4	Jaswinder singh	Panjabi Patiala	112.100	280	135	260	675	7
5	Sandeep Kumar	MGS Bikaneer	110.100	272.5	137.5	247.5	657.5	6
6	R. Ranjith Kumar	Periyar Uty.	110.100	280	145	225	650	5
7	CH Mahesh	Kakthiya Uty.	110.100	267.5	100	250	617.5	4
8	Shenthil Kumar	Bharathidasan Uty.	111.500	240	140	230	610	3
9	Amarjith singh	Panjabi Patiala	110.800	240	137.5	200	577.5	2
10	M. Midhun Kumar	Bharathidasan	110.100	250	110	205	565	1
11	Yuvaraj Raut	Pt. Ravishankar shukla	115.700	240	120	200	560	1
12	Vishnu S Nair	Kerala Uty.	121.800	205	107.5	215	527.5	1
	Viyani Charley	MG Kottayam	115.300	Elimi	Nated	----	---	---
	Rijo Varghese	MG kottayam	110.200	Elimi	Nated	----	---	---
	Deb sagar kumar	Sant gadgeBaba	111.700	Elimi	Nated	----	---	---

Category: +125 Kg Men

Date: 17-11-2010

No	Name	University	B. weight	Squat	B. Press	D. Lift	Total	Pts
1	Rajesh Sharma	Kurukshethra	145	325	195	270	790	12
2	Nimbalkar amith	Shivaji Uty.	125.100	290	157.5	260	707.5	9
3	Triptal singh	GNDU	126.5	265	167.5	265	697.5	8
4	B. sumeeth	Omania Uty.	134.400	290	122.5	250	662.5	7
5	Junaid	Kannur Uty.	125.100	242.5	140	255	637.5	6
6	Sonu S Kumar	Mannur Uty.	125.100	255	152.5	225	632.5	5
7	Karamjeeth singh	MGS Bikaneer	125.100	240	140	250	630	4
8	Rabi Prasad shah	Uty. Of culcutta	132	270	117.5	202.5	590	3
9	Sakthi B	Periyar Uty.	149.400	225	70	187.5	482.5	2
10	Gurunathan M	Bharathidasan	125.100	200	70	190	460	1
11	Balaji R	Anna Uty. Coimbatore	128.300	185	80	180	445	1
12	Subhasis Chaudhari	Uty. Of culcutta	125.300	160	100	170	430	1
13	Polepalli k. Chaithanya	Amritha Vidya	133	100	70	170	340	1
14	K. Gunashekharan	Anna Uty. Trichy	129	Elimi	Nated--	---	--	--

Championship : First : Uty. of Calicut 59 Points  
 Second : kurukshethra 50 points  
 Panjabi uty. Patiala 49 points

Strongman of Indian Universities: Mr. BHAGESH .A.B. Calicut University

**KANNUR UNIVERSITY**  
ALL INDIA INTER UNIVERSITY POWER LIFTING CHAMPIONSHIP 2010-11  
11<sup>th</sup> TO 17<sup>th</sup> NOVEMBER 2010

**CATEGORY 48 Kg Women**

**RESULTS**

	Name	University	B. Weight	Squat	B. Press	Dead Lift	Total	Pts
1	D. Kusuma	Ach. Nagarjuna	47.100	142.5	64.5	132.5	342.5	12
2	Nethravathi V	Mangalore	47.900	135	65	132.5	332.5	9
3	Shruti Kesav Tare	Uty. Of Mumbai	47.100	140	62.5	110	312.5	8
4	Poornima K L	Mangalore Uty.	47.700	117.5	42.5	115	275	7
5	Smita Devi	VBS poorvanchal	44.800	105	47.5	110	262.5	6
6	Anjana V Rajan	Kannur Uty.	47.150	80	35	122.5	237.5	5
7	Rachna Bala	Panjab Uty.	45.850	97.5	40	87.5	225	4
8	Sunita	Kurukshethra Uty.	47.150	85	37.5	97.5	220	3
9	Patel Sapna Ben	Gujrath Uty.	46.800	67.5	32.5	100	200	2
10	Parul pail	CSJM Uty. Kanpur	43.600	70	Elimi	Nated-	--	--
11	Jyoti	MGS Bikaner	40.050	45	Elimi	Nated-	--	--
12.	Pol Pradnya Shrimant	Shivaji Kolhapur	46.400	Elimi	Nated-	--	--	--
13	Devakte Annapurna	Solapur Uty.	42.50	Elimi	Nated-	--	--	--
14	Sudha Hunasimarad	Karnataka State W.	45.700	Elimi	Nated-	--	--	--

**CATEGORY 52 Kg Women**

	Name	University	B. Weight	Squat	B. Press	Dead Lift	Total	Pts
1	J. Ramalakshmi	Andhra Uty.	51.500	155	90	160	405	12
2	Deshmukh Jaywanti	Shivaji Uty.	51.200	132.5	67.5	147.5	347.5	9
3	Uma Patel	LNUPE	51.250	132.5	52.5	135	320	8
4	Renu	Panjab Uty. Chandi	48.150	130	35	132.5	297.5	7
5	Amandeep kaur	GNDU	48.150	120	37.5	122.5	280	6
6	Prathiba P Vashivale	Uty. Of Pune	51.100	112.5	42.5	125	280	5
7	Akshatha poojary	Mangalore Uty.	50.400	102.5	47.5	125	275	4
8	Vinuitha M	Mangalore Uty.	50.700	115	42.5	110	267.5	3
9	Kanta	Kurukshethra uty	51.100	100	37.5	112.5	250	2
10	Kirti	Ch. Charan Singh Ut	51.100	105	35	100	240	1
11	M. Priya	Periyar Uty.	51.200	90	30	95	215	1
12.	M. Thavamani	Periyar Uty.	51.350	75	32.5	100	207.5	1
13	Neethu Yadav	VBS Purvanchal Ut	50.350	40	35	80	145	1
14	Kamla	MGS Uty.	50.250	Elim	Nated	----	----	--
15	Bhakare Ashabhai	Solapur Uty.	48.500	Elim	Nated	----	----	--

**CATEGORY 56 Kg Women**

Date:

	Name	University	B. Weight	Squat	B. Press	Dead Lift	Total	Pts
1	Romina Chanu	Kurukshethra	54.9	172.5	75	145	392.5	12
2	Thushara philip	Kannur Uty.	54.100	135	67.5	180	382.5	9
3	D. Sugandhi	Pondichery Uty	55.1	140	67.5	130	337.5	8
4	Poonam	GNDU	55.4	142.5	67.5	120	330	7
5	Indu Ojha	MGS Uty. Bikaner	54.2	130	60	137.5	327.5	6
6	Arshadeep	Panjab Uty.	53	120	45	120	285	5
7	V. Priyadarshini	Periyar	55.1	100	50	117.5	267.5	4
8	Shivangi Manikkalal	RT. Maharaj Uty.	55	75	32.5	105	212.5	3
9	Hanskar Karina sunil	North Maharastra Ut	52.5	50	32.5	82.5	165	2
10	Anuradha Singh	VBS Purvanchal	52.6	55	32.5	75	162.5	1

11	Anamika Singh	VBS Purvanchal	52.5	40	20	80	140	1
12.	Babitha	Delhi Uty.	53.2	70	45	Elimi	Nated--	--
13	Anuradha Chaudhari	MJP Rohilkhand	55.3	Elimin	Nated	-----	----	--
14	Basalingava M V	Karnataka Uty.	53.7	Elimin	Nated	-----	----	--
15	Phuge Reshma	Solapur	54.8	Elimin	Nated	-----	----	--
16	Preeti	MJP Rohilkhand	55.3	Elimin	Nated	-----	----	--
17	Dhakol Rupali J	Uty. Of Pune	54.1	Elimin	Nated	-----	----	--
18	Kulveer Kaur	Panjabi Uty.	52.5	Elimin	Nated	-----	----	--

CATEGORY 60 Kg Women

Date:

	Name	University	B. Weight	Squat	B. Press	Dead Lift	Total	Pts
1	S. Logeswari	Periyar Uty.	59.70	175	60	145	380	12
2	Sunita Topo	Pt. Ravishankar Uty.	58.250	142.5	75	160	377.5	9
3	Manu Devi	Kurukshethra	58.100	150	60	150	360	8
4	A. Vekata lakshmi	Ach. Nagarjuna	57.500	145	50	150	345	7
5	Saraswathi Balu Gunjail	Uty. Of Mumai	58.800	137.5	65	142.5	345	6
6	A. Sheela	Bharfadidasan Uty.	57.400	130	47.5	125	302.5	5
7	Jasveer Kaur	Panjabi uty. Patiala	57.500	125	45	130	300	4
8	S. Treveni	Andhra Uty.	56.650	120	57.5	120	297.5	3
9	Preeti A Temghare	Uty. Of Pune	58.700	115	42.5	115	272.5	2
10	Sarbjit kaur	GNDU Amritsar	59.100	122.5	40	110	272.5	1
11	Mamtha Kumari	Panjabi Patiala	58.300	110	50	110	270	1
12.	Shahna J Jakiya	Uty. Of Delhi	59.500	90	42.5	110	242.5	1
13	Dharithi Gogol	LNUPE Gwalior	59.250	90	35	85	210	1
14	Priyua Jaiswal	VBS purvanchal	56.500	50	20	80	150	1
15	Janish chaturvedi	MJP Bareily	57.750	Elimin	Nated--	-----	-----	---
16	Bankar Prathiksha	Solapur Uty.	57.500	Elimin	Nated--	-----	-----	---

CATEGORY 67.5 Kg Women

	Name	University	B. Weight	Squat	B. Press	Dead Lift	Total	Pts
1	Alka Swami	MGs Uty. Bikaner	64.700	157.5	80	142.5	380	12
2	Manisha	CCS Uty. Meerut	62.900	150	60	140	350	9
3	Anju Krishnan	Kerala Uty.	63.00	132.5	67.5	145	345	8
4	Rajvinder Kaur	Panjabi Patiala	61.500	140	65	120	325	7
5	Sai Revathi	JNTU Kakinada	62.200	120	47.5	125	292.5	6
6	Salooja Beegum	Calicut Uty.	63.100	120	45	122.5	287.5	5
7	Mulla Fakarunnisa	Shivaji Uty.	63.900	112.5	52.5	120	287	4
8	R. Sasikala	Bharadidasan Uty.	67.300	115	35	130	280	3
9	Sunny Sharma	Kurukshethra Uty.	63.550	100	40	115	255	2
10	Mamta Rana	Panjab Uty. Chandig	65.950	105	40	110	255	1
11	YM Nafisa	Manipur Uty.	61.100	105	45	105	250	1
12.	Kore Priyanka	Shivaji Uty.	65.650	90	42.5	117.5	250	1
13	Neha Dhavan	Punjabi Uty. Patiala	64.800	100	37.5	105	242.5	1
14	K. Kodeeswari	Periyar Uty.	63.700	85	37.5	100	222.5	1
15	Swatt Tiwari	Uty. Of Delhi	65.600	80	37.5	100	217.5	1
16	Dhanalakshmi R	Periyar Uty.	65.300	90	32.5	90	212.5	1
17	P.Renukantham	KELF Uty.	66.00	80	22.5	97.5	200	1
18	Narendar Kaur	Kurukshetra	62.300	Elimi	Nated	----	----	--
19	Tite Babitha	Solapur Uty.	63.400	Elimi	Nated	----	----	--
20	Rajvinder Kaur	GNDU	67.00	Elimi	Nated	----	----	--
21	Vandana Gupta	CCS Uty.	62.350	Elimi	Nated	----	----	--

CATEGORY 75 Kg Women

	Name	University	B. Weight	Squat	B. Press	Dead Lift	Total	Pts
1	Deepali R. Jalgaunkar	Mumbai Uty.	70.00	195	77.5	150	422.5	12
2	Deepika Yadav	MGS Uty.	74.100	150	95	150	395	9
3	Chithra Chandramohan	Uty. Of Calicut	72.500	157.5	47.5	160	365	8
4	Lakwinder kaur	GNDU	69.500	135	52.5	127.5	315	7
5	S. Murukeswari	Periyar	73	125	45	125	295	6
6	M. Kayal Vizhi	Bharathiar	69.400	90	42.5	110	142.5	5
7	K. Nandhini	Periyar Uty.	70.900	92.5	37.5	105	235	4
8	Sindhu MV	Kannur Uty.	69.600	75	45	95	215	3
9	Y. Nandini yadav	KELF Uty.	69.300	65	30	107.5	202.5	2
10	Komal	Kurukshethra Uty.	73.600	65	35	75	175	1
	S. Devika D	Uty. Of Pune	74.900	Eli---	---	---	--	--
	Kumara Shivali	Panjabi Patiala	69.200	Eli---	---	---	--	--
	A. Lokalakshmi	Bharadidasan	73.600	Eli---	---	---	--	--
	D. sathyartnam	Andhra Uty.	74.200	Eli---	---	---	--	--
	Gund Aswini Angad	Solapur Uty.	69.500	Eli---	---	---	--	--
	Neethu tyagi	MD Uty.	67.800	Eli---	---	---	--	--

CATEGORY 82.5 Kg Women

	Name	University	B. Weight	Squat	B. Press	Dead Lift	Total	Pts
1	Anumol Thomas	Uty. Of Madras	81.100	172.5	80	140	392.5	12
2	Asma KM	Knnur Uty.	78.800	140	50	140	330	9
3	Kamal Preet Kaur	GNDU	76.250	135	45	135	315	8
4	Neha Prakash ambulkar	Uty. Of Mumbai	79.00	127.5	42.5	130	300	7
5	Wakale komal N	Uty. Of Pune	79.700	110	40	110	260	6
6	V. Yamuna	Periyar Uty.	75.300	85	30	105	220	5
7	N. Priyanka	Ach. Nagarjuna	79.900	50	35	85	170	4
8	S. sumathi	Bharathiar	81.800	50	30	90	170	3
9	Tsering Chorol	RTM Nagpur	78.700	50	40	75	165	2
10	Priyanka	Kurukshethra	81	60	30	70	160	1
11	Patel Payal	Gujarath Uty.	75.500	50	20	70	140	1
	Kalyani A	Bharathiar Uty.	75.400	Elim	Nated	---	--	--

CATEGORY 90 Kg Women

	Name	University	B. Weight	Squat	B. Press	Dead Lift	Total	Pts
1	Shami E	Kannur University	88.00	190	82.5	145	417.5	12
2	A. Siromani	Ach. Nagarjuna	83.350	157.5	62.5	147.5	367.5	9
3	Manpreeth kaur	GNDU	84.700	145	52.5	142.5	340	8
4	Raveena	Panjab Uty.	84	120	57.5	130	307.5	7
5	Kavitha G	Uty. Of Calicut	89.800	135	45	125	305	6
6	Chanda	JMI Uty.	83.850	120	50	115	285	5
7	Pedenkar TE Rejaswini	Shivaji Uty.	83.900	100	37.5	120	257.5	4
8	Bhavika Malhothra	Uty. Of Delhi	84.650	90	55.5	80	222.5	3
9	Pooja	Kurukshethra	82.900	70	35	100	205	2
	Deepika varma	Bikaneer Uty.	84.100	Eli	Mina	Ted ---	---	--

CATEGORY +90 Kg Women

	Name	University	B. Weight	Squat	B. Press	Dead Lift	Total	Pts
1	Gagandeep kaur	GNDU	99.250	195	85	202.5	482.5	12
2	Reena	MDU Rohthak	108	200	92.5	190	482.5	9
3	Navneeth kaur	Panjabi Patiala	90.100	155	50	157.5	362.5	8
4	Narkhade Dipali Prhlad	North Maharashtra	108	140	57.5	135	332.5	7
5	Ankita mahendra surve	Uty. Of Mumbai	94	105	42.5	110	257.5	6
6	Preethi	Kurukshetha	98.500	100	45	110	255	5
7	Priyanka sudhakar	Uty. Of Calicut	95.100	90	40	120	250	4
8	Divya D	Bharathiar	95.300	90	35	80	205	3
	Deepa Vandal	Karnataka St. W. Ut	91.800	Elimi	Nated	----	----	--

STRONG WOMEN OF INDIAN UNIVERSITIES-2010-11

Ms. J. RAMALAKSHMI (Andhra University)

TEAM CHAMPIONSHIP:

FIRST : GNDU , AMRITSAR 48 POINTS  
SECOND : UNIVERSITY OF MUMBAI 39 POINTS  
THIRD : KANNUR UNIVERSITY 38 POINTS

KANNUR UNIVERSITY  
All India Inter University weight lifting championship 2010-11, 11<sup>th</sup> to 17<sup>th</sup> November 2010  
**RESULTS**

Category 48 kg women

	Name	University	B. Weigh	Snatch	C & Jerk	Total	Place	Points
1	Amandeep Kaur	GNDU		62	70	132	1	81
2	Kamble Komal	Uty. Of Pune		58	70	128	2	78
3	Krishna Kumari	Utkal Uty.		53	70	123	3	67
4	Renu	Uthkal		56	66	122	4	67
5	Kamaldeep	Kurukshethra		55	65	120	5	64
6	Kirti	Ch. Charan singh		50	60	110	6	58
7	Priti Pal	kanpur		48	59	107		54
8	Pradanya Pal	Sivaji Uty		48	59	107		54
9	Vibitha TV	Uty. Of Calicut		45	60	105		52
10	Kalpana D	Bharadidasan		46	58	104		49
11	V. Vembarassi	Baradidasan		40	53	93		42
12.	Suman Kumar	Uty. Delhi		43	50	93		42
13	Jaspreth kaur	Kurukshetra		40	48	88		37
14	Parul Pal	Kanpur		40	47	87		37
15	Patel Priyanka	Hemachandracha		38	40	78		32
16	Reshma Kasim	Karnataka		25	35	60		27
17	Patel Swathav	Veer Narmada		27	30	57		26
18	Jyothi	MG. Singh Bikaner		25	30	55		25
19	Jhansi rani	Kakathiya		21	25	46		20
20	Amrutha Dathraya	Saint. Gadge Baba		43	--	--		15
21	Bhakare Aruna Bhakaji	Solapur		---	--	--		

CATEGORY 53 Kg Women

	Name	University	B. Weigh	Snatch	C & Jerk	Total	Place	Points
1	Kulvir Kaur	Panjab		74	94	168	1	81
2	Kavitha Kumari	Kashi Vidyapeeth		74	89	163	2	78
3	Diksha	Amaravathi		66	83	149	3	71
4	K. Venkatalakshmi	Andhra Uty.		61	82	143	4	68
5	B. Aswani	Andhra uty.		55	78	133	5	62
6	Harjeeth kaur	MDU Rohthak		60	70	130	6	63
7	E. Oviya	Uty. Of Mzdras		60	70	130		60
8	Snaghal Anil Thorug	Pune Uty.		55	65	120		57
9	Arshzadeep Sharma	Panjab Chandigar		50	65	115		51
10	Jasbir kaur	GNDU		52	63	115		51
11	Chandrika	Utkal Uty.		50	60	110		47
12.	Navle Prajokta	Shivaji		48	60	108		45
13	Geetha Sree Sahu	Berhampur Uty.		45	58	103		40
14	Jesitha Mary	Pondichery		45	57	102		37
15	Mohini Mehona	Devi Ahalya		48	50	98		37
16	A. anusha	Osmania		35	40	75		32
17	Mansooru Banu			30	35	65		28
18	Neelam Patel	MG Kasi		35	--	--		10

CATEGORY 58 Kg Women

	Name	University	B. Weig	Snatch	C & Jerk	Total	Place	Points
1	Sandhya K	Ach. Nagarjuna Uty.		70	90	160	1	84
2	Anju Chauhan	Kurukshethra		69	85	154	2	75
3	Jasveer Kaur	Panjabi Patiala		65	83	148	3	69
4	Triveni S	Andhra Uty.		62	78	140	4	65
5	Navdeep Kaur	GNDU		63	77	140	5	63
6	Mamta Kumari	Punjabi		60	77	137	6	61
7	Rassal Pooja	Pune Uty.		55	70	125		57
8	Junde Prajthi	Pune Uty		51	61	112		54
9	Preethi	MJP		50	55	105		50
10	Janisha Chathuvedi	MJP		50	55	105		47
11	Riju Jangrass	Maharsh. Dayanand		40	50	90		43
12.	Pooja Yadav	Kasi Vidya Peet		40	50	90		40

13	Swaroopa	Kakathiya		40	40	80		40
14	Pavithra	Anna		25	35	60		31
15	Thulasi K	Karnataka		25	35	60		34
16	Shaikh suneera	Veer Narmada		30	30	60		31
17	Sridartiwari	LNUPE		51	--	--		17

**CATEGORY 63 Kg Women**

	Name	University	B. Weig	Snatch	C & Jerk	Total	Place	Points
1	Vandana Gupta	CCS Meerut		74	85	169		84
2	Rajinder Kaur	Punjabi Patiala		65	82	147		75
3	Arash Preeth Kaur	GNDU		63	79	142		68
4	Sumitha	Mangalore		56	80	136		65
5	Renu Devi	Kurukshetra		60	72	132		64
6	Bhagath aparna	Shivaji		57	67	124		60
7	GS. Revathi	JNTU		50	70	120		57
8	Sashi Yadav	MG Kashi		45	55	100		53
9	Ritu Rani	MD Rohthak		42	55	97		50
10	Rupal	Gujarath		35	45	80		47
11	Rachana	Sant Gasdge Baba		30	38	68		44
12.	Nafisa	Manipur		50	---	--		19

**CATEGORY 69 Kg Women**

	Name	University	B. Weigh	Snatch	C & Jerk	Total	Place	Points
1	Chithra Chandramohan	Uty. Of Calicut		73	101	174		84
2	Anuradha	Bharadidasan		60	76	136		75
3	Kamble	Shivaji		58	71	129		67
4	Lakhvinder kaur	GNDU		58	71	129		66
5	AARTI	Kurukshetra		50	73	123		64
6	Priyanka Pandit	Pune		55	68	123		61

**CATEGORY 75 Kg Women**

	Name	University	B. Weigh	Snatch	C & Jerk	Total	Place	Points
1	Renna Kentura	Punjabi Patiala		75	90	165		81
2	Jasbir kaur	GNDU		71	90	161		78
3	Chougule pallavi	Shivaji		61	78	139		69
4	Shinde Devika	Pune Uty.		57	77	134		66
5	Poonam	Kurukshetra		35	40	75		60
6	S. Madhurai	JNTU		30	43	71		60
7	Kalyani	Bharathiar		30	42	71		56
8	Pavithrapriya P	Bharathiar		30	40	70		54
9	Shivani	Sant Gadge Baba		22	27	49		50
10	S. Venkiteshwari	Madurai Kamaraj		55	----	----		21

**CATEGORY +75 Kg Women**

Date:

	Name	University	B. Weigt	Snatch	C & Jerk	Total	Place	Points
1	K. Thulasi	SV Uty. Tiruppati		81	107	188		84
2	Manpreeth kaur	GNDU		80	101	181		75
3	A. shirovmani	Ach. Nagarjuna		77	91	168		69
4	Navneeth kaur	Panjab Uty. Patiala		66	90	156		64
5	Raveena	Panjab P Patiala		61	90	151		63
6	D. Sathayaratnam	Andhra Uty.		55	60	115		59
7	Patel Payal	Veer Narmada		35	52	87		56
8	S. Murugeswari	Periyar Uty.		30	35	65		53
9	Ruby Tomar	CCS Meerut		70	----	----		22
10	PP. Padhan	Utkal		40	---	---		16

**BEST LIFTER OF INDIAN UNIVERSITIES: Kulvir Kaur**

**Panjabi Uty. Patiala**

**TEAM CHAMPIONSHIP**

**FIRST : PANJABI UTY. PATIALA 494 POINTS**

**SECOND : GNDU AMRITSAR 482 POINTS**

**THIRD : PUNE UNIVERSITY 373 POINTS**

KANNUR UNIVERSITY  
ALL INDIA INTER UNIVERSITY WEIGHT LIFTING CHAMPIONSHIP 2010-11  
15<sup>th</sup> TO 17<sup>th</sup> NOVEMBER 2010 (MEN)

Category: 56 Kg Men

Date: 15-11-2010

No	Name	University	B. weight	Snatch	Clean & Jerk	Total	Pts
1	Veeramani. G	Thiruvalluvar Uty.	54.900	102	129	231	81
2	Nishanth E. S	Uty. Of Calicut	55.800	103	125	228	73
3	Dileep S	Anna Uty. Trichy	55.800	98	128	226	69
4	Vellayya	Andhra Uty.	55.900	98	125	223	64
5	Eskkiraj	Bharadidasan Uty.	55.00	95	120	215	60
6	Wadargawesh	Shivaji lolapur	55.100	92	123	215	58
7	Ajas m Khan	RT Maharaj Nagpur	56	90	113	203	53
8	Surya D	Madras Uty	55.250	90	110	200	52
9	Mayor Joshi	Devi ahilya	55.750	86	105	191	47
10	Mahajan Deepak ramesh	North mzaharashtra	53.300	80	107	187	46
11	ALok Pandey	CSK Maharaj	55.350	77	97	174	42
12	Kushpal singh	Himachal Shimla	55.250	75	90	165	39
13	Nagine Ganesh	Pune Uty.	55.400	75	90	165	36
14	Pradeep Kummur Rai	VBS Purvanchal	56	65	80	145	32
15	Rahul Kumar	Ch. Charan singh	66	60	82	142	30
16	Deshmukh GS	SRTM Uty.	55.650	60	75	135	28
17	Ravi Bhushan	MG. singh Bikaneer	60	56	70	130	24
18	Mutkuledhanahgi	Solapur Uty.	52.350	55	65	120	21
19	Roshan shetty	Vishweshara KRN	55.850	50	62	112	18
20	Uday Sabdeep V	JNTU Hyderabad	52	37	50	87	15
21	Tamil Selvan	Annamalai Uty.	55	104	---	---	28
22	Akbar Khan	Thiruvalluvar	55.800	100	--	--	22
23	Lakhvir singh	Panjabi Patiala	55.900	95	---	--	18

Category: 62 Kg Men

Date: 15-11-2010

No	Name	University	B. weight	Snatch	Clean & Jerk	Total	Pts
1	Gouri Babu	Ach. Nagarjuna	61.700	107	139	246	84
2	Dinesh A	Thiruvalluvar	61.850	105	134	239	72
3	Jatinder Kumar	GNDU	61.300	104	130	234	66
4	Sai Krishnan	Andhra Uty.	61.400	102	132	234	65
5	Manswaroop Bahra	Panjabi Patiala	61.500	106	128	234	67
6	Ashok R	Annamalai	61.500	102	121	232	59
7	Rajesh Mittal	Jai Narain vyas	61.750	100	120	220	54
8	Muhammed Husain	Bharadidasan	61	92	120	212	52
9	Rajesh Kannan	Bharathidasan	59.650	90	110	200	48
10	Kameshswar Naik	Berhampur Uty.	61.	85	110	195	45
11	Arjun Joshi	Devi Ahilya	60	82	105	187	40
12	Rajesh Kumar	Himachal Pradesh	57.250	80	105	185	39
13	Ajaj J Shaik	RTM Nagpur	60	75	108	183	38
14	Rabindra Kumar Pathak	VBS Purvanchal	66.800	75	85	160	33
15	Selvaraj	Amritha Viswa Vidyala	60.350	65	80	145	30
16	Nagarkar Ashish	Dr. Babasaheb Ambed	62	60	75	135	26
17	Nuthan Kumar KV	VTu Belgaum	61.150	60	70	130	25
18	Raval Raju Bhai	Hemachandracharya	60.800	55	65	120	20
19	Pulevar raju	SRTM Uty.	59.950	55	60	115	19
20	B. Sreenu	JNTU Hyderabad	56.100	40	50	90	15
21	Susheel Mishra	VBS Purvanchal	59.850	40	50	90	12
22	Kishore Kumar	Andhra Uty.	62.800	106	--	--	23
23	Ramachandran	Thiruvalluvar	61.500	101	--	--	18
24	Santhosh Kumar	MG Kashi vidya Peet	58.400	92	--	--	16

Category: 69 Kg Men

Date: 15-11-2010

No	Name	University	B. weight	Snatch	Clean & Jerk	Total	Pts
1	Natesan P	Thiruvalluvar Uty.	66.850	124	153	277	81
2	Suman G	Madras Uty.	67.450	122	154	276	73
3	Ravi B	Ach. Nagarjuna Uty.	68.400	117	154	271	68
4	Arun Kumar K	Annamalai	68.600	126	145	271	72
5	Daram sing	GNDU	69.00	107	144	251	62
6	Ashok Kumar	Ch. Charan singh	68.800	112	135	247	60
7	Yogesh Sharma	Panjabi Patiala	68.350	105	140	245	56
8	Venkatesh M	Andhra Uty.	64.300	106	133	239	55
9	Paras Yadav	MG Kashi vidya	66.150	106	124	230	50
10	Ganesh SR	Mangalore Uty.	67.250	91	125	216	49
11	Kamble Bharath	Shivaji Uty.	67.600	90	125	215	45

12	Anupam Swami	M.GS. Bikaneer	67.150	90	115	205	43
13	Kamalesh sandal	Vikram Uty.	68.050	90	105	195	39
14	Mahajan Ajay devlal	North Maharashtra	64.900	85	100	185	36
15	Shivakumar Yadav	Luknow Uty.	68.100	75	92	167	33
16	Uday Bhan singh	LNUPE	65.700	72	85	157	30
17	Shashank Sahu	Osmania Uty.	68.250	70	85	155	26
18	Varad R Patil	VTU Belgaum	68.250	70	85	155	23
19	Vinay kumar Singh	VBS Purvanchal	68.250	70	80	150	19
20	Ashish Yadav	LNUPE	67.850	67	75	142	15
21	Om Landge	Sant Gadge Baba	62.100	65	75	140	14
22	Kavin M	Amrith	65.400	60	80	140	14
23	Rudresh Pradap Singh	Luknow Uty.	64.100	57	65	122	6
24	Vishal singh Dhilllo	Rajasthan Uty.	63.850	50	70	120	5
25	Sai deswar Rao	Kakathiya Uty.	67.400	50	70	120	3
26	Pot Darkul Deepak	SRTM Uty.	63.800	50	55	105	--
27	Riyasat ali	Utkal Uty.	66.850	40	50	90	--
28	Jasbeer Singh	Himachal Uty.	63.800	70	--	--	17

Category: 77 Kg Men

Date: 15-11-2010

No	Name	University	B. weight	Snatch	Clean & Jerk	Total	Pts
1	Aman Deep singh	GNDU	76	130	160	290	84
2	Kulbir singh	Panjab Chandigar	76.950	115	140	255	75
3	Manish Kumar Prajapati	MG kashi Varanasi	75.850	108	136	244	69
4	Jaswant Singh	Kurukshethra	75.950	105	134	239	65
5	Satheesh A	SRTM Nagpur	76.450	100	125	225	61
6	Poornachandra Rao	ASndhra Uty.	69.350	90	128	218	57
7	Rakshit Kumar	Mangalore Uty.	75.550	95	120	215	54
8	Dinesh Kumar	Bharathidasan	74.800	90	120	210	52
9	Ajinkyashe node	Sant Gadge Baba	75.850	90	118	208	48
10	Rajkumar shetty	Behampur Uty.	76.200	90	110	200	45
11	Slamnul Hassan	MJp Rohiljkhand	68.900	85	100	185	42
12	Vikas singh	VBS Purvanchal	71.700	81	100	181	39
13	Dinesh bansan	LNUPE	76.850	80	90	170	35
14	Sheik zakir Hussain	Osmania Uty.	68.600	72	95	167	34
15	Kishor Lal	Himachal	69.500	70	87	157	29
16	Viplav Kumar	Kakatiya	70.050	71	85	156	28
17	Vijay singh	Luknow	75.650	65	85	150	24
18	Sreeniwas	Kaktiya Uty.	73.400	61	80	141	20
19	Ram Mohan Rao	Andhra Uty.	69.300	105	--	--	22
20	Pavan Kumar	Kurukshethra	77.00	95	--	--	18
21	Dilip G	Thiruvassiluvur	72.350	95	--	--	19
22	Yelgatte Hammant	SRT marathwada	76.300	65	---	--	5

Category: 85 Kg Men

Date: 15-11-2010

No	Name	University	B. weight	Snatch	Clean & Jerk	Total	Pts
1	M Venkatesh	Ach. Nagarjuna	84.300	130	175	305	78
2	Sumit Palival	Devi Ahilya Indoor	84.350	135	161	296	72
3	Satheesh Kumar	Ach. Nagarjuna	84.150	137	157	294	72
4	Bharat singh	MDU rohthak	79.750	130	161	291	68
5	Harpreeth singh	GNDU	83.800	124	162	286	66
6	Veerendar Singh	Kurukshethra	84.350	127	155	282	60
7	Sunil Kumar	MDU Rohthak	80.350	115	155	270	57
8	Aravind Raj M	MS Uty. Thirunelveli	83.700	112	146	258	53
9	Balaji K	Thiruvalluvar	78.250	116	135	251	51
10	Pushpendar singh	Panjabi Patiala	84.400	108	140	248	45
11	Ronald Veghai	Mangalore	82.00	105	140	245	39
12	Vijay Kukmar M	Bharathidasan	84.600	110	130	240	42
13	N. Gunaraj	Annamalai	82.250	105	125	230	35
14	Mali Ravindra Srikanth	Shivaji	81.100	100	120	220	32
15	Devendran	Bharadidasan	80.600	90	125	215	32
16	Vinod Kumar	Kakathiya	82.250	87	105	192	27
17	Vinod KumaR	Amritha Viswa Vdya	84.850	70	90	160	22
18	Rohit chauhan	Devi Ahilya	81.100	70	80	150	20
19	Mahender singh	Rajasthan UTy.	78.550	61	85	146	18
20	Sivaprasad Chadurvedi	CSM Uty.	78.050	45	45	90	14
21	Anju Kumar	Kumaun	79.150	110	--	--	16
22	Arjun Palival	Mohanlal sukkadia	82.550	110	--	--	15
23	Jiger Pradap yadav	Panjabi Patiala	81.300	105	--	--	12
24	Ashok kumar Murya	MG Kashi	79.050	85	--	--	6

Category: 94 Kg Men

Date: 15-11-2010

No	Name	University	B. weight	Snatch	Clean & Jerk	Total	Pts
1	Dharmendra Palival	Devi Ahilya	93.700	140	165	305	79
2	Jarnail singh	GNDU	92.350	130	166	296	75
3	Venkatesan	Annamalai	93.900	135	161	296	68
4	Thirumalai Kumar	MS Thirunelveli	89.750	122	165	287	66
5	Sandeep	Kurukshethra	93.600	127	155	282	62
6	Manoj Kumar	MG Kashi	90.250	110	141	251	58
7	Lokanathan T	Bharathidasan	85.650	105	127	232	55
8	Sumith	MDU Rohthak	89.150	100	120	220	50
9	Ranish Kumar	MDu Rohthak	85.800	90	120	210	50
10	Kushal Sharma	SCM Kanpur	89.00	90	120	210	47
11	Harpreeth singh	Osmania uty.	82.600	90	115	205	43
12	Jasveer Chaudhari	M. Ganga singh	89.200	85	105	190	39
13	Vijjay Shekhar	Anna uty. Trichy	89.150	85	90	175	38
14	Kutafale Atul Vishnu	SRT. Marathwada	85.700	75	95	170	34
15	Kalidoss	Bharathiar	93.000	75	80	155	31
16	Vijaya Rishi Raja	Amritha Viswa Vidya	86.850	55	70	125	28
17	Shalim Raju	Ach. Nagarjuna	93.250	136	--	--	25
18	Jugthar singh	Panjabi Patiala	93.850	130	--	--	21

Category: 105 Kg Men

Date: 15-11-2010

No	Name	University	B. weight	Snatch	Clean & Jerk	Total	Pts
1	Navneeth singh	GNDU	100.600	135	173	308	79
2	Amolak /singh	GNDU	103.150	141	167	308	78
3	Sikander Rawat	MDU rohthak	102.5	136	166	302	71
4	KIshore Babur CH	Ach. Nagarjuna	98.400	128	155	283	63
5	Gajendra G	Ach. Nagarjuna	99	125	156	281	61
6	Sharandeep singh	Panjab Uty. Chandiga	95.450	126	152	278	59
7	Gurjand puri	Panjabi Patiala	94.500	115	150	265	54
8	Bachche chandrakani	Shivaji uty.	101.250	117	140	257	53
9	Rahul darshan	Osmania	94.950	90	122	212	48
10	Ashish srivasthava	CS Kanpur	103.850	90	120	210	44
11	Dileep Kumar Yadav	MG Kashi	95.300	90	115	205	43
12	Abhishekh Upadyaya	Sant gadge Baba	96.850	77	97	174	38
13	Ashish gil	MJP Rohilkhand	97.250	72	95	167	35
14	Prasanth CH	Kakathiya	99.500	65	85	150	31
15	SRhayan sidharth	Kakathiya	94.150	65	75	140	30
16	Gurinder singh	Kurukshethra	100.150	132	--	--	22
17	Umamaheshwara	Madras Uty.	100.450	131	--	--	21
18	Anburaj	Bharathidasan		95	--	---	15
19	Harharasudan M	Anna trichy		84	--	--	11

Category: +105 Kg Men

Date: 15-11-2010

No	Name	University	B. weight	Snatch	Clean & Jerk	Total	Pts
1	Manbeer singh	GNDU	115.850	142	165	307	84
2	PBVS Kishore	Andhra Uty.	106.700	123	156	279	73
3	Rajganes B	Thiruvalluvar	112.850	121	155	276	68
4	Prashanth	Kurukshethra	108.400	112	143	255	65
5	Krishnakanth joshi	Devi ahilya	105.500	110	130	240	62
6	Sreekanth Sharma	CS Shivaji	112.750	100	125	225	59
7	Prabhakar K	Mangalore Uty.	105.850	85	115	200	56
8	B. Sainath	Ach. Nagarjuna	149.400	131	--	--	25
9	Nikhil Paul	Himmachal	108.750	---	---	---	---
10	Himanshukumar chang	MJD Rohilkabhd	118.700	--	--	--	--

**TEAM CHAMPIONSHIP – WEIGHTLIFTING -2010-11**

FIRST: GNDU 594 POINTS  
SECOND: NAGARJUNA 476 POINTS  
THIRD: THIRUVALLUVAR 412 POINTS

Best Lifter of Indian Universities: P. Natesan Thiruvalluvar Uty.