



### **Five-Year Integrated Masters Program in Clinical Psychology MSc Clinical Psychology**

A Five-Year Integrated Program in Clinical Psychology is an extensive, cohesive educational pathway designed to provide students with a comprehensive understanding of psychological theories, practices, and research methods, with a focus on clinical applications. This program blends undergraduate and graduate studies into a single, streamlined curriculum, preparing students for careers as clinical psychologists or further advanced studies.

**Eligibility:** Successful completion of 12<sup>th</sup> Standard equivalent education from state/central/government approved higher secondary board

Successful completion Five Year Integrated Program Students will be awarded:

- BSc in Psychology (after completing three years)
- BSc in Clinical Psychology Honours with Research/ BSc in Clinical Psychology (after completing four years with prescribed credit hours)
- MSc in Clinical psychology (after completing five years)

#### **Basic Outline of the Structure and Curriculum**

##### **1. Foundation Years (Years 1-2):**

The program's initial phase focuses on foundational knowledge in psychology and related disciplines. Core subjects typically include:

- Introduction to Psychology
- Developmental Psychology
- Biological Bases of Behavior



- Cognitive Psychology
- Social Psychology
- Psychological Statistics

During these years, students also complete general education requirements and introductory courses in clinical psychology, laying the groundwork for more specialized studies.

## 2. Intermediate Years (Years 3-4):

The intermediate phase delves deeper into clinical psychology, with courses designed to build expertise in assessment, diagnosis, and intervention strategies. Key areas of study include:

- Psychopathology
- Psychological Assessment
- Psychotherapy
- Counselling Techniques
- Research Methods
- Ethics in Clinical Practice
- Cultural Competency in Clinical Psychology

Practical components, such as supervised fieldwork and internships, begin in these years, allowing students to gain hands-on experience in clinical settings.

## 3. Advanced Year (Year 5):

The final year is dedicated to advanced clinical training and research. Students engage in:

- Advanced Clinical Practicum
- Specialized Courses (e.g., Cognitive Behaviour Therapy, Suicide Prevention and Management, Family and Marital Therapy, Psychotraumatology and Trauma Informed Care, Disability and Rehabilitation)
- Students will get training in advanced Research courses and Thesis Writing
- Professional Development Seminars

The program's culmination often involves a capstone project or a comprehensive examination, demonstrating the integration and application of knowledge acquired throughout the program.

### **Key Features**

#### **Integrated Curriculum:**

The seamless integration of undergraduate and graduate coursework eliminates redundancy and allows for a more focused and in-depth educational experience.

#### **Practical Training:**

Significant emphasis on fieldwork and clinical practical ensures that students develop essential hands-on skills to perform psychological assessments and treatment for the psychological disorders, under the supervision of experienced professionals.

**Research Opportunities:**

Students engage in research projects from the early stages, fostering critical thinking, and scientific inquiry, and contributing to the field of clinical psychology.

**Interdisciplinary Approach:**

Collaboration with related fields such as statistics, data science provides a holistic understanding of mental health issues and their treatment.

**Career Readiness:**

Graduates are well-prepared for licensure and certification in clinical psychology, as well as for doctoral programs and specialized training.

**Career Paths**

Post Graduates of a Five-Year Integrated Program in Clinical Psychology are equipped to pursue various professional avenues, including:

Clinical Psychologist in hospitals, clinics, private practice, and community health centers

Researcher in academic or clinical settings

Counselor or therapists in schools, universities, and organizations

Consultant for mental health programs and policy development

Further studies in specialized fields of psychology (e.g., forensic psychology, neuropsychology)

Further studies in clinical psychology from Rehabilitation Council of India (RCI) approved institutions to obtain license to practice as a clinical psychologist

A Five-Year Integrated Program in Clinical Psychology offers an efficient, thorough, and practical education for aspiring clinical psychologists. It provides a balanced blend of theoretical knowledge, practical skills, and research experience, making it an ideal choice for those committed to advancing their careers in mental health and clinical practice.

**Exit Options**

**3 Year – BSc Psychology**

**4 Year – BSc (Hons) in Clinical Psychology/Research**

**5 Year – MSc Clinical Psychology**



## **Program Structure (Semester Wise)**

### **Semester 1**

Foundations of Psychology

Communicative English

Essentials of English in Writing Psychological Test Report

Psychology of Everyday Life

Minor B1 (Physical Education/Data Science/Statistics)

Minor C1 (Zoology/Physical Education/Data Science/Statistics/Journalism)

### **Semester 2**

Life Span Development

Cognitive Psychology

Language and Cognition/Psychoanalysis in English Literature

Minor (Physical Education/IT/Statistics)

Minor (Zoology/Physical Education/IT/Statistics/Journalism)

Self and Society

### **Semester 3**

History and Perspectives of Psychological Science

Personality: Approaches and Contemporary Application

Social Psychology

Child and Adolescent Psychology

Psychology of Gender and Sexuality



Ethics and Prosocial behavior

**Semester 4**

Clinical Psychology-1  
Biological Basis of Behaviour  
School Psychology  
Health Psychology  
Stress Management  
Driving and Road Rage Behaviour

**Semester 5**

Clinical Psychology-2  
Counselling and Guidance  
Community Psychology  
Educational Psychology  
Positive Psychology  
Organizational Behaviour  
Behavioral Economics  
Psychology of Love and Belongings

**Semester 6**

Neuropsychology  
Disaster Management & Psychological First Aid  
Psychology for Contemporary India  
Environmental Psychology  
Sports and Exercise Psychology  
Psychological Skills for Professional Development  
Internship

**Semester 7**

Psychometrics  
Ethics in Psychological Practice  
Research Methods: Quantitative  
Research Methods: Qualitative  
Cultural Psychology  
Psychology for Interpersonal Relationships  
Forensic Psychology  
MOOC- Online-1

**Semester 8**

Psychotherapy  
Behavioral Neuroscience  
Academic Writing in Psychology  
Indian Approaches to Psychotherapy  
Psycho-oncology  
Group Counselling and Applications  
Geriatric Psychology  
MOOC- Online-2  
Capstone Project in Honours with Research Program

**Semester 9**

Recent Advances in Psychotherapy  
Advanced Quantitative Research Methods  
Advanced Qualitative Research  
Management of Neurodiversity  
Capstone Internship-1/MOOC-Online

**Semester 10**

Cognitive Behavior Therapy (CBT)  
Foundations of Psychotraumatology and Trauma Informed Care  
Capstone Research Program  
Capstone Internship Program  
Suicide Prevention and Management  
Marital and Family Therapy  
Disability and Rehabilitation