

# **Three-Day National Conference**

## **Music, Mind and Healing: Indian Traditions of Music Therapy in the Contemporary Age**

Organized by Indian Knowledge System (IKS), Kannur University

**Dates: 21–23 April 2026**

**Venue: Seminar Hall, Mangattuparamba Campus, Kannur University**

### **Call for Paper Presentations**

#### **About the Conference**

Indian Classical Music systems extend much beyond the realms of aesthetic musical approaches, functioning as profound systems of knowledge capable of influencing the mind, emotions, and consciousness. Within the framework of Indian Knowledge Systems (IKS), concepts such as nāda (sound), citta (consciousness), and svasthya (wellbeing) provide a window into the dynamics between music and holistic health.

In the contemporary context, growing concerns around mental health have renewed academic interest in such traditional knowledge systems. Emerging interdisciplinary research in neuroscience, psychology, and music therapy increasingly validates the therapeutic potential of music, particularly in relation to emotional regulation, cognitive processes, and physiological wellbeing.

Uniting diverse disciplines—from Ayurveda to Consciousness Studies—the conference explores the scope and advancements of music therapy through an Indian musical lens.

#### **Conference Highlights**

- Keynote Address by Dr. Deepak Paramashivan, IIT Madras
- Interdisciplinary dialogue bringing together musicology, neuroscience, psychology, Ayurveda, and consciousness studies
- Engagement with reputed academics, practitioners, and performers
- Bridging tradition and science in understanding music's therapeutic potential
- Platform for emerging research on music, mind, and healing

- Paper presentations and academic exchange across diverse disciplines

### **Themes (Indicative)**

- Raga Chikitsa and Therapeutic Traditions
- Indian Classical Music and Emotional Regulation
- Neuro-Cognitive Response to Indian Music
- Music, Consciousness and Wellbeing
- Ayurveda and Sound-based Healing
- Music Therapy in Contemporary Contexts
- Pedagogy of Music and Wellbeing
- Indian Approaches to Music Therapy
- Music, Classrooms and Exams

### **Submission Guidelines**

Abstract Length: 250–300 words

Last Date for Abstract Submission: 16 April 2026

Email: [ikskuconference@gmail.com](mailto:ikskuconference@gmail.com)

### **Contact**

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# Indian Knowledge System (IKS) Kannur University

## About Kannur University

Kannur University was established by the Act 22 of 1996 of the Kerala Legislative Assembly. The objective of the Kannur University Act 1996 is to establish in the Kerala State, a teaching, residential and affiliating University, promoting the development of Higher Education in the Kasaragod and Kannur Districts and the Mananthavady Taluk of Wayanad District in Kerala. Kannur University is unique in the sense that it is a multi-campus university with campuses spread over various locations under its jurisdiction for providing study and research facilities to promote advanced knowledge in Science and Technology and other relevant disciplines.

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- Interdisciplinary Dialogue bringing together musicology, neuroscience, psychology, Ayurveda, and consciousness studies
- Engagement with Reputed Academicians, Practitioners and Performers
- Bridging Tradition and Science in understanding music's therapeutic potential
- Platform for Emerging Research on music, mind, and healing
- Paper Presentations & Academic Exchange across diverse disciplines
- Immersive Discussions on sound, consciousness, and holistic health

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*Three Day National Conference*

### Call for Paper Presentations

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- submit your abstracts to [iksconference@gmail.com](mailto:iksconference@gmail.com)

**21 - 23  
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**SEMINAR HALL, MANGATTUPARAMBA  
CAMPUS, KANNUR UNIVERSITY**