

(Abstract)

M.Sc. Counselling Psychology Programme- Model Question Paper (1st & II nd Semester only) under Choice Based Credit and Semester System (in Outcome Based Education System-OBE) in Affiliated Colleges-Implemented with effect from 2023 Admission-Approved --Orders issued.

ACADEMIC C SECTION

ACAD C/ACAD C1/17933/2023

Dated: 23.11.2023

- Read:-1. ACAD C/ACAD C1/17933/2023 Dated: 08.09.2023
2. U. O Note No. EXCI/ASO EXC I-II/29005/2023 Dated 07.10.2023
3. Letter No. Acad C1/17933/2023 dtd.13.10.2023.
4. E-Mail form the Convenor, Ad hoc Committee, Psychology (PG) Dated 15.11.2023.

ORDER

1. The Scheme & Syllabus (1st & IInd Semester only) of M.Sc. Counselling Psychology programme under CBCSS (in OBE) were implemented w. e. f 2023 admission, vide Paper read (1)above.
2. As per paper read (2) above, Examination Branch requested to submit Model Question Papers of M. Sc. Counselling Psychology programme (CBCSS- OBE) as the approved syllabus does not contain the same.
3. Subsequently, the convener, Ad hoc committee, Psychology (PG) was requested to submit the model question paper of the programme vide paper read 3 above.
4. The Convenor, Ad hoc committee, Psychology (PG) submitted the model question papers (1st & IInd Semester only) of M.Sc Counselling Psychology Programme, for implementation with effect from 2023 admission vide Paper read 4 above.
5. The Vice-Chancellor after examining the matter in detail and in exercise of the powers of the Academic Council conferred under Section 11(1) Chapter III of the Kannur University Act 1996, **accorded sanction to approve the Model Question papers (1st & IInd Semester only) of M.Sc Counselling Psychology Programme under CBCSS (in OBE) w.e.f 2023 admission in Affiliated colleges subject to report to the Academic Council**
6. The Model Question papers of (1st & IInd Semester only) of M.Sc Counselling Psychology Programme under Choice Based Credit and Semester System (in OBE) w.e.f 2023 admission are uploaded on the University website (www.kannuruniversity.ac.in)
7. Orders are issued accordingly.

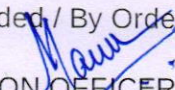
Sd/-

Narayanas K
DEPUTY REGISTRAR (ACAD)
For REGISTRAR

- To: 1. Principals of Affiliated Colleges offering M.Sc. Counselling Psychology Programme
2. Convenor, Adhoc Committee for Counselling Psychology
3. Assistant Registrar 1 (EXAM)

- Copy To: 1. The Examination Branch (Through PA to CE)
2. PS to VC/ PA to PVC/ PA to R/ PA to FO
3. DR/ AR 1(Acad) /Computer Programmer
4. Web Manager (for uploading on the website).
5. EP V /EXCI Section
6. SF/DF/FC



Forwarded / By Order

SECTION OFFICER

Model Question Paper
First Semester MSc Degree Examination
COUNSELLING PSYCHOLOGY
MSCPS01C01 : Cognitive Psychology

Time: 3 hours

Max. Marks: 60

SECTION A

Answer any five of the following. Each question carries 3 marks each

(5*3=15)

1. Define Cognitive Psychology
2. What is ecological view of perception?
3. Define eyewitness testimony
4. What are the fundamental components of 'appraisal theory of emotion'?
5. What is the 'PASS theory of intelligence'?
6. Explain 'bottom - up and 'top down' processing in perception with an example.

SECTION B

Answer any three of the following. Each question carries 5 marks each

(3*5=15)

1. Write a brief analysis on the ethical concerns associated with the use of Artificial intelligence in the domain of cognitive psychology.
2. Explain the differences between field - dependent and field - independent perceptual styles and their potential implications for cognitive processes.
3. Propose a way to test and validate the connection between language comprehension and thought processes in cognition.
4. Differentiate between overt and covert attention. Explain in detail the early selection theories in attention.
5. Explain the relationship between 'cognition and emotion' and the 'global workspace theoretical approach' in a few words.

SECTION C

Answer any three of the following. Each question carries 10 marks each

(3*10=30)

Model Question Paper
First Semester MSc Degree Examination
COUNSELLING PSYCHOLOGY
MSCPS01C02 : Theories of Personality

Time: 3 hours

Max. Marks: 60

SECTION A
Answer any five of the following. Each question carries 3 marks each (5*3=15)
<ol style="list-style-type: none">1. Define personality2. Explain basic aspects of personality3. What is ego psychology4. Compare and contrast trait and type theories of personality5. Illustrate the concept of Buddhism6. Explain self-actualization
SECTION B
Answer any three of the following. Each question carries 5 marks each (3*5=15)
<ol style="list-style-type: none">1. What are the different theories of cognitive perspectives of personality.2. Explain and evaluate Carl Rogers' contributions in person-centered theory.3. Discuss the core ideas of transpersonal and existential psychology4. Explain Psychology of personal construct theory by Kelly5. Write about the different characteristics of Self-actualized people
SECTION C
Answer any three of the following. Each question carries 10 marks each (3*10=30)
<ol style="list-style-type: none">1. Discuss about Freud's contributions in personality2. Distinguish individual and analytical psychology3. Explain eastern perspectives of personality4. Compare and contrast radical behaviourism with stimulus response theory5. Discuss the contributions of Neo-Freudians in personality psychology
Unit wise weightage of marks Unit 1-25 Unit 2- 20 Unit 3-25 Unit 4-23

1. Explain the role of language in thought processes, emphasising its social context, in the field of cognitive psychology.
2. What are the different approaches to problem solving? Compare how experts and novices approach problem-solving in cognitive psychology.
3. What are cognitive maps? Explain how distance, shape and relative positions affect cognitive maps with relevant examples.
4. How do cognitive biases influence judgement in individuals experiencing anxiety and depression in the perspective of cognitive psychology?
5. Assess the research methods employed in cognitive psychology by giving emphasis to different behavioural and physiological measures.

Unit wise weightage of marks Unit 1- 28 Unit 2- 26 Unit 3 -18 Unit 4- 21

Model Question Paper
First Semester MSc Degree Examination
COUNSELLING PSYCHOLOGY
MSCPS01C03 : Fundamentals of Counselling Psychology

Time: 3 hours

Max. Marks: 60

SECTION A

Answer any five of the following. Each question carries 3 marks each

(5*3=15)

1. List the fundamental principles of counselling
2. Briefly explain the personal and professional qualities of a counsellor.
3. Mention the active listening skills used by the counsellor.
4. Write a note on facilitative and non facilitative questioning in counselling.
5. Describe briefly how resistances can be addressed in group counselling
6. Briefly explain the practice of ethical decision-making in counselling intervention.

SECTION B

Answer any three of the following. Each question carries 5 marks each

(3*5=15)

1. Apply the knowledge of nonverbal communication to explain how it can be used to create a comfortable and open environment for clients.
2. Critically examine the relevance of various influencing skills in a counselling interview.
3. Discuss the stages a group goes through in group counselling and the challenges the therapist has to address in each respective stage.
4. Critically evaluate the role and function of the supervisor in professional counselling practice.
5. Evaluate the impact of cultural competence on the effectiveness of

counselling, particularly when working with clients from diverse backgrounds

SECTION C

Answer any three of the following. Each question carries 10 marks each (3*10=30)

1. Describe the working alliance between counsellor and client and examine the strategies used by the counsellor to develop and maintain this alliance.
2. Examine the various steps to be followed in case conceptualization.
3. Analyse how the skill of empathy is applied in counselling interventions.
4. Examine the various skills used by the counsellor in the group counselling context.
5. Describe how ethical principles can be applied in counselling practice.

Unit wise weightage of marks Unit 1- 26marks Unit 2- 31marks Unit 3 - 18 Unit 4 18

Model Question Paper
First Semester MSc Degree Examination
COUNSELLING PSYCHOLOGY

MSCPS01C04 : Psychometry and Psychodiagnostics

Time: 3 hours

Max. Marks: 60

SECTION A

Answer any five of the following. Each question carries 3 marks each

(5*3=15)

1. Define Psychometry
2. What are the types of norms
3. Compare GHQ and PGI health questionnaire
4. Classify intelligence tests
5. List down the factors of 16PF
6. Explain MSE

SECTION B

Answer any three of the following. Each question carries 5 marks each

(3*5=15)

1. Create an outline of case history
2. Justify the importance of DBDA
3. If you are assessing the intelligence of a child, which test will you prefer and why?
Explain the particular assessment in detail
4. Suppose the Bell's adjustment inventory result is showing unsatisfactory adjustment in all dimensions, how will you narrate the report of the client?
5. Critically evaluate personality assessment

SECTION C

Answer any three of the following. Each question carries 10 marks each

(3*10=30)

1. Identify the purpose of assessment in counselling, assessment principles and ethics in assessment.
2. Define validity and reliability. Examine the importance of various types of reliability and validity.

3. Discuss about assessment of family functioning in detail.
4. Examine the various assessments of milestone functioning in detail.
5. Distinguish DSM and ICD and list down issues of classification system.

Unit wise weightage of marks Unit 1 - 26 Unit 2 - 18 Unit 3 - 28 Unit 4 - 21

Model Question Paper
Second Semester MSc Degree Examination
COUNSELLING PSYCHOLOGY

MSCPS02C06 : Research Methodology and Data Analysis

Time: 3 hours

Max. Marks: 60

SECTION A

Answer any five of the following. Each question carries 3 marks each

(5*3=15)

1. Define variable and discuss its types
2. Compare concept and constructs
3. Define content analysis
4. Explain factorial design
5. What is the relevance of institutional ethics Committee
6. Explain factor analysis

SECTION B

Answer any three of the following. Each question carries 5 marks each

(3*5=15)

1. Justify qualitative research in counselling
2. Discuss errors in hypothesis testing
3. Classify experimental research design
4. Evaluate primary data collection methods
5. Elaborate non- experimental research design

SECTION C

Answer any three of the following. Each question carries 10 marks each

(3*10=30)

1. Analyse ethics in research
2. Distinguish parametric and non-parametric tests
3. Illustrate general purpose in writing research report
4. Examine different qualitative analysis methods
5. Identify different types of research

Unit wise weightage of marks Unit 1- 29 Unit 2- 16 Unit 3 - 28 Unit 4- 20

Model Question Paper
Second Semester MSc Degree Examination
COUNSELLING PSYCHOLOGY
MSCPS02C07 : Counselling Theories and Approaches

Time: 3 hours

Max. Marks: 60

SECTION A

Answer any five of the following. Each question carries 3 marks each

(5*3=15)

1. What is Transference and Countertransference?
2. Illustrate the efficacy of psychoanalysis.
3. Describe DBT
4. Briefly explain the technique of systematic desensitization.
5. List out the characteristics of an effective counsellor according to Carl Rogers.
6. Give an outline on the theoretical concepts of Reality therapy.

SECTION B

Answer any three of the following. Each question carries 5 marks each

(3*5=15)

1. What is the A-B-C-D-E acronym? Explain the basic assumptions and counselling techniques of the REBT approach.
2. Critically examine the utility of Solution Focused counselling in the busy world of today.
3. Discuss the techniques used in Jung's Analytical counselling.
4. Counsellor has to observe the problems in its sociocultural and phenomenological context. Evaluate on the theoretical assumptions of Existential counselling.
5. Discuss on the Gestalt concepts of "here and now" and its implications in counselling.

SECTION C

Answer any three of the following. Each question carries 10 marks each

(3*10=30)

1. Examine the process and techniques used in psychodynamic approaches to counselling, with special reference to Adler.

2. Analyze the importance of Rational Emotive therapy in the context of counselling.
3. Identify the goals and concepts of person centered counselling with an emphasis on roles of the counsellor.
4. Analyze in what ways counsellors can use modern trends in counselling to address the unique needs of clients in the 21st century?
5. Examine the different techniques used in behavioural counselling.

Unit wise weightage of marks Unit 1- 21 Unit 2- 28 Unit 3 - 23 Unit 4 – 21

Model Question Paper
Second Semester MSc Degree Examination
COUNSELLING PSYCHOLOGY

MSCPS02C08 : Social and Cultural Foundations of Counselling

Time: 3 hours

Max. Marks: 60

SECTION A

Answer any five of the following. Each question carries 3 marks each

(5*3=15)

1. Define the term Prosocial Behaviour.
2. Describe Cross Cultural Psychology.
3. What is the Over justification Effect?
4. What are the Differences in Proximity and Familiarity?
5. What do you mean by social facilitation?
6. Define the term altruism.

SECTION B

Answer any three of the following. Each question carries 5 marks each

(3*5=15)

1. Explain the Kelley's Theory Causal Attribution.
2. Describe the Health Belief model and Transtheoretical Model.
3. Explain the Concept of Proximity in interpersonal attraction. Provide two examples where proximity influences the formation of relationships.
4. Explain the theories of prosocial behavior.
5. Describe about the social psychological roots of social anxiety.

SECTION C

Answer any three of the following. Each question carries 10 marks each

(3*10=30)

1. What are the Factors affecting student performance
2. Explain the Concept of Social Cognition and the role of schemas in social information processing. Provide Examples of how schemas shape our judgement of others.
3. Describe the Self Presentation Theory and Hopelessness Theory of Depression. How Counsellors can use this knowledge to develop more effective development strategies.

4. Describe the impact of negative media coverage of administrative policies?
5. Describe interpersonal attraction. Explain the internal and external factors of attraction.

Unit wise weightage of marks Unit 1-28 Unit 2-13 Unit 3-23 Unit 4-33

Model Question Paper
Second Semester MSc Degree Examination
COUNSELLING PSYCHOLOGY
MSCPS02C09 : Psychopathology

Time: 3 hours

Max. Marks: 60

SECTION A

Answer any five of the following. Each question carries 3 marks each

(5*3=15)

1. Define intellectual disability ?
2. What is ADHD?
3. Define various symptoms of Schizophrenia?
4. Define Dissociative Amnesia.
5. Explain the symptoms of OCD.
6. What is delirium.

SECTION B

Answer any three of the following. Each question carries 5 marks each

(3*5=15)

1. Explain the difference between Bipolar I and Bipolar II ?
2. Explain learning disability and its types?
3. What is the difference between general anxiety disorder and social anxiety disorder.
4. Explain dementia
5. Prepare a note on various kinds of somatic disorders.

SECTION C

Answer any three of the following. Each question carries 10 marks each

(3*10=30)

1. Explain about delusional disorder, types and its causal factors?
2. What is personality disorder and briefly explain about cluster B and its characteristics?
3. Explain the various Dissociative disorders.
4. Prepare a note on traumatic brain injuries; types, symptoms and causes.
5. Explain the classification of substances and disorder related to substance intoxication

Unit wise weightage of marks Unit 1-21 Unit 2-18 Unit 3-26 Unit 4-28