

(Abstract)

Post Graduate Diploma in Yoga Education under the School of Physical Education and Sports Sciences, Mangattuparamba Campus- modified Regulation, Scheme, Syllabus and Pattern of Question Paper -implemented with effect from 2022 admission-Orders issued

ACADEMIC C SECTION

Acad/C4/4836/2011

Dated: 16.08.2022

- Read:-1. U.O No. Acad/C4/11981/2018 dated 11.07.2018
2. Letter from Head, School of Physical Education and Sports Sciences dated 04.05.2022 & 25.05.2022
3. Minutes of the meeting of Academic council held on 14.06.2022

ORDER

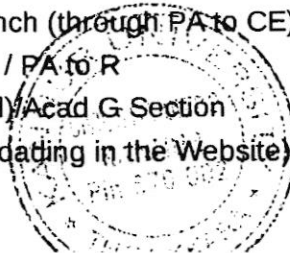
1. The Regulation, Scheme, Syllabus and Model question Papers of Post Graduate Diploma in Yoga Education under the School of Physical Education and Sports Sciences, Mangattuparamba Campus were implemented with effect from 2018 admission, as per paper read (1) above.
2. The meeting of the Department Council of Dept. of Physical Education, held on 22.04.2022, prepared the modified draft Regulation, Scheme and Syllabus and pattern of Question Paper for the Post Graduate Diploma in Yoga Education Course and the Head, School of Physical Education & Sports Sciences, submitted the same, as per paper read(2), for implementation with effect from 2022 admission.
- 3.As ordered by the Vice Chancellor, the Draft Regulation, Scheme, Syllabus and Pattern of Question Paper for the Post Graduate Diploma in Yoga Education Programme was placed before the Academic Council as per paper read (3), and XXIV meeting of Academic Council resolved to accept the aforementioned draft Regulation, Scheme, Syllabus and Pattern of Question Paper, for implementation with effect from 2022 admission.
- 4.The modified Regulation, Scheme, Syllabus and Pattern of Question Paper for Post Graduate Diploma in Yoga Education, implemented with effect from 2022 admission are appended and uploaded in the University website (www.kannuruniv.ac.in).
5. The U. O read (1) above stands modified to this extent.

Orders are issued accordingly

Sd/-
Dr. Joby K Jose
REGISTRAR (i/c)
For REGISTRAR

To: The Head, school of Physical Education & Sports sciences, Mangattuparamba Campus

- Copy To: 1. The Examination Branch (through PA to CE).
2. PS to VC / PA to PVC / PA to R
3. DR / AR I/AR II (Acad)/Acad G Section
4. Web Manager(for updating in the Website)
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SECTION OFFICER

KANNUR UNIVERSITY



SCHOOL OF PHYSICAL EDUCATION AND SPORTS SCIENCES

**Post Graduate Diploma in Yoga Education
(PGDYE) Syllabus
(Effective from 2022 Admission)**

**REGULATION, SCHEME & SYLLABUS FOR POST GRADUATE
DIPLOMA IN YOGA EDUCATION (PGDYE)**

Post Graduate Diploma in Yoga Education (PGDYE) Syllabus (Effective from Academic Year 2022-23)

1. Name of the Programme: Post Graduate Diploma in Yoga Education (PGDYE)

2. Aim of the Programme

The aim of the programme is to train the students to work as professional yoga trainers or Yoga Therapists for promoting health and wellness of the community, to work in educational institutions for teaching yoga and for promoting the wellbeing and quality of life of individual.

3. Objectives of the programme

- To introduce the fundamental principles and scientific basis of Yoga.
- To produce well-trained Yoga teachers.
- To equip the students to run their own Yoga centres.
- To prepare therapeutic methods for management and treatment of diseases.
- To work as health professionals to promote health and wellness.
- To develop skills in practice and research.
- To promote ethics, values and principles in life.
- To attain higher level of consciousness.

4. Nature of the Course:

The courses shall be full time conducted in the blended mode (online and offline)

5. Duration of the Course:

The duration of the course shall be one academic year consisting of two semesters, with each semester having 90 working days.

6. Eligibility for Admission

- Should have passed any bachelor's degree of Kannur University or any other University recognized as equivalent thereto.
- Age - No bar
- Should be physically and mentally fit to undergo Yoga training.
- Reservation of seats shall be as per rules framed by the Government/University from time to time.

7. Selection Criteria